



Big Pedal 2021

Cycling for everyone



Objective

To learn about different types of cycles and cycle users.

Session plan

Each pupil picks a template for a cycle.

Students can use pencils, glitter, ribbons, coloured card, recycled materials such as magazines or anything else colourful they can collect to make a collage or a decorated cycle.

Additional information from Wheels for Wellbeing:
wheelsforwellbeing.org.uk

At home adaptation

Pupils unable to print off the templates can make their own drawings and decorate them.

Taken from

Six-week step-by-step guide – a guide designed for teachers, parents and governors to help get more people active on the journey to and from school.



Time needed
20-30 mins



Resources needed
Coloured pencils, pens
Printed cycle templates or paper
Recycled materials (optional)



Solo/Group activity
Solo

Plus, find today's
Kahoot quiz
here

Big Pedal 2021

Cycling for everyone

Worksheet



Instructions

The purpose of this activity is to learn about different types of cycles and cycle users.

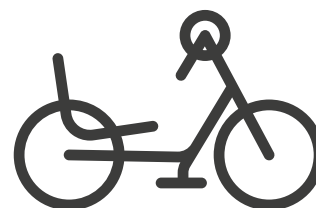
1. Print off the template sheet or draw your own cycles using the template sheet as a guide.
2. Once you have the outline of your cycles, gather coloured pens, pencils and any other colourful material you can find.
3. Decorate the cycles using what you have gathered.



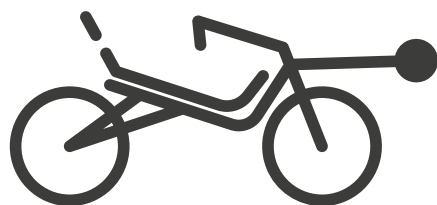
1. Classic bicycle



2. Drop-frame bicycle



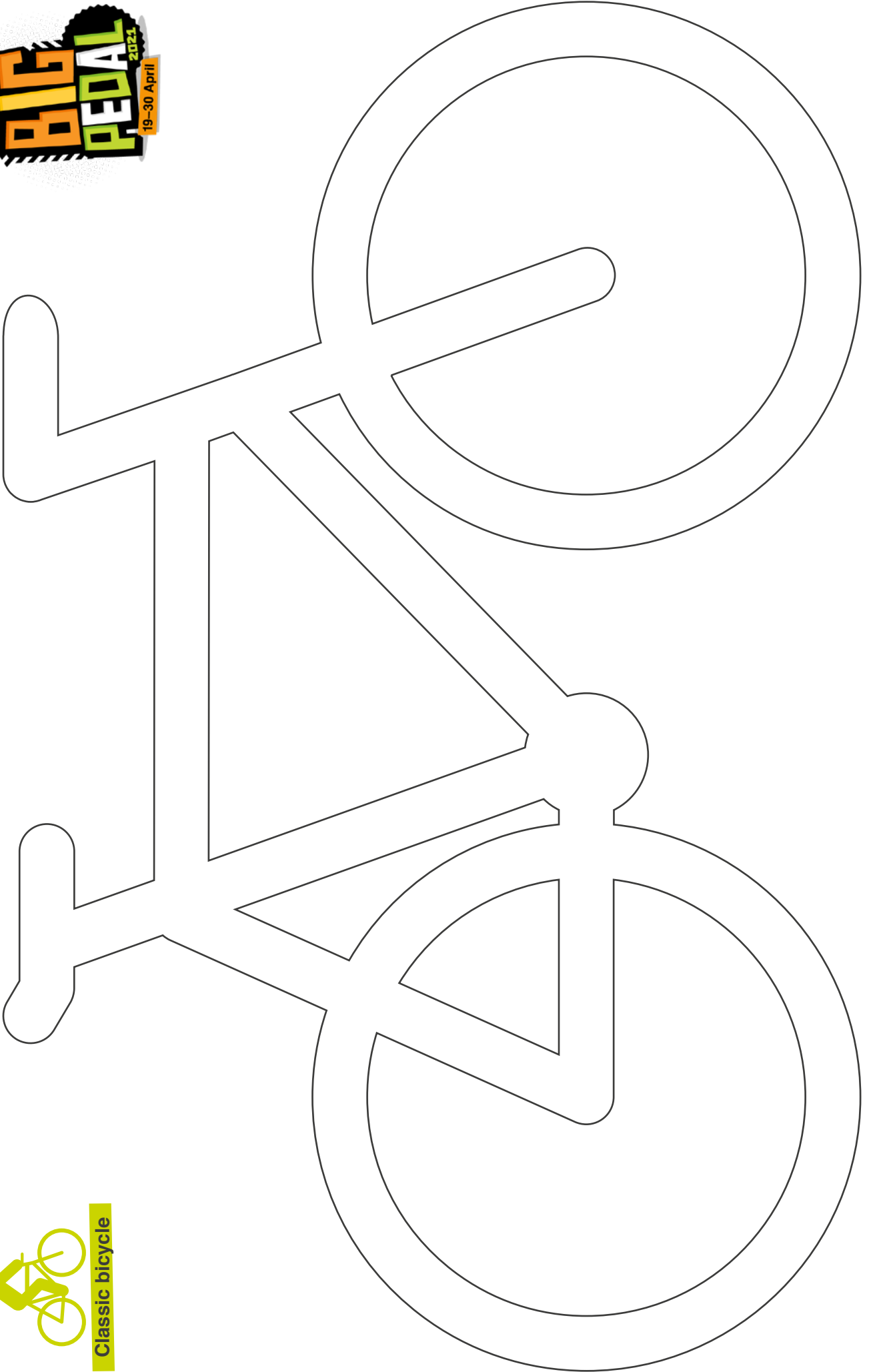
3. Hand cycle



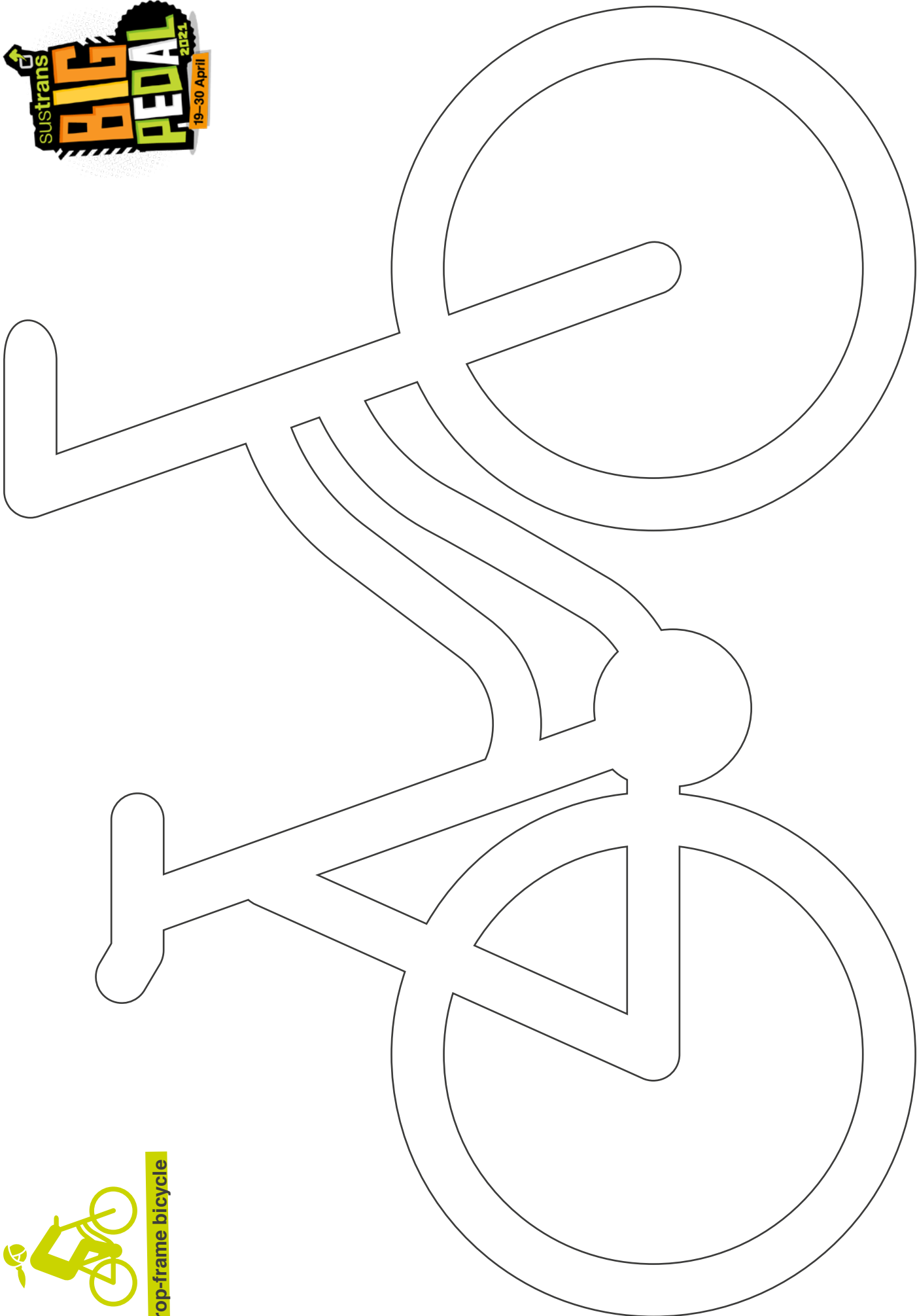
4. Recumbent



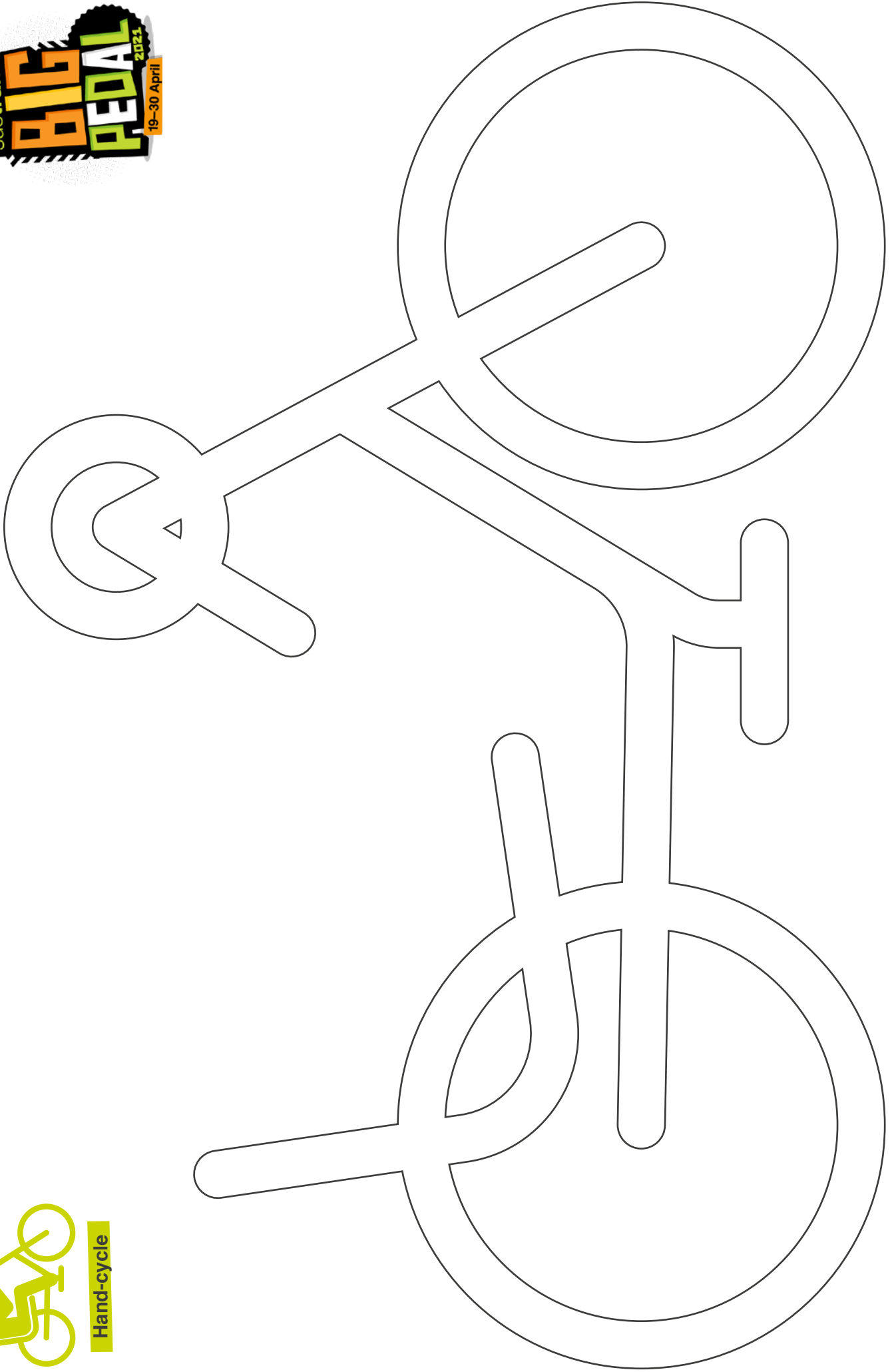
5. Tag-a-long

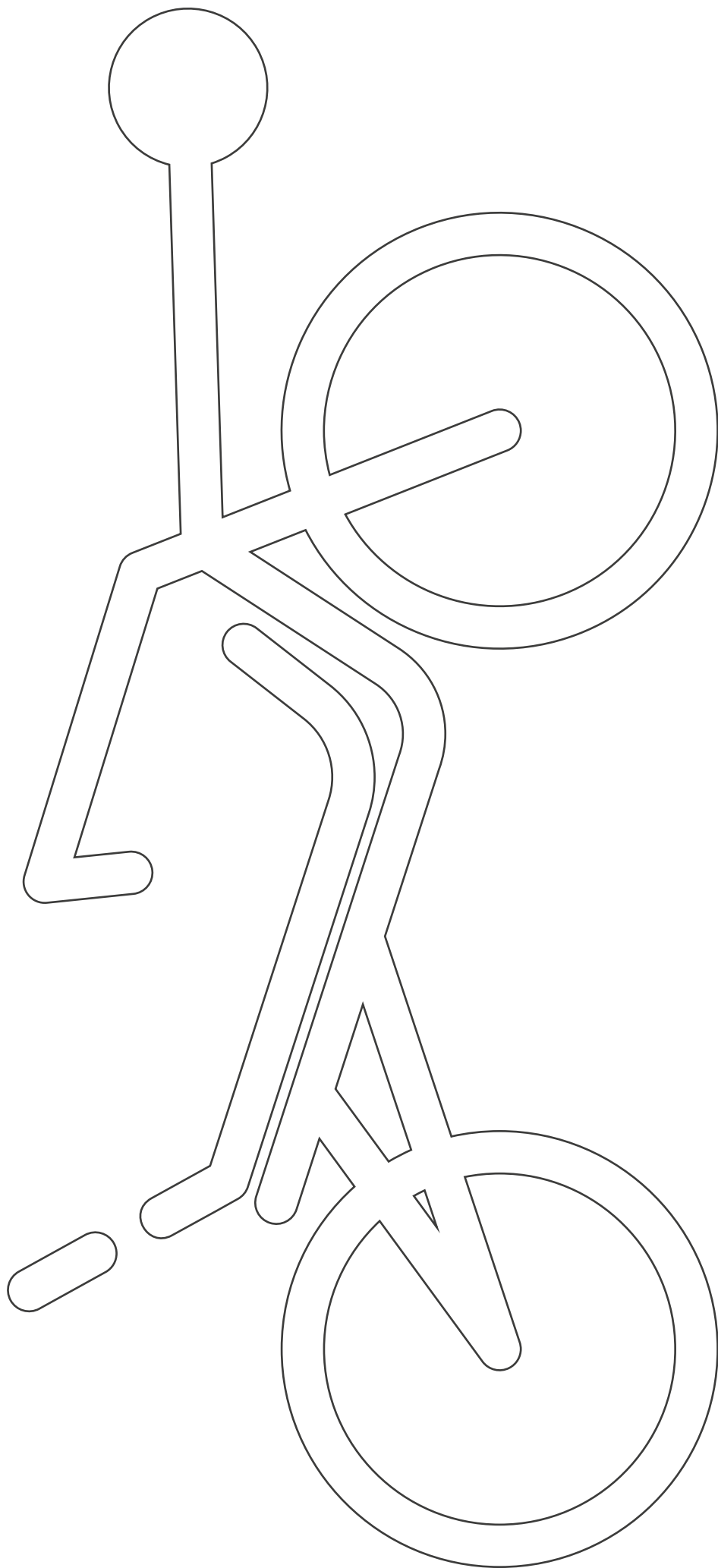


Classic bicycle

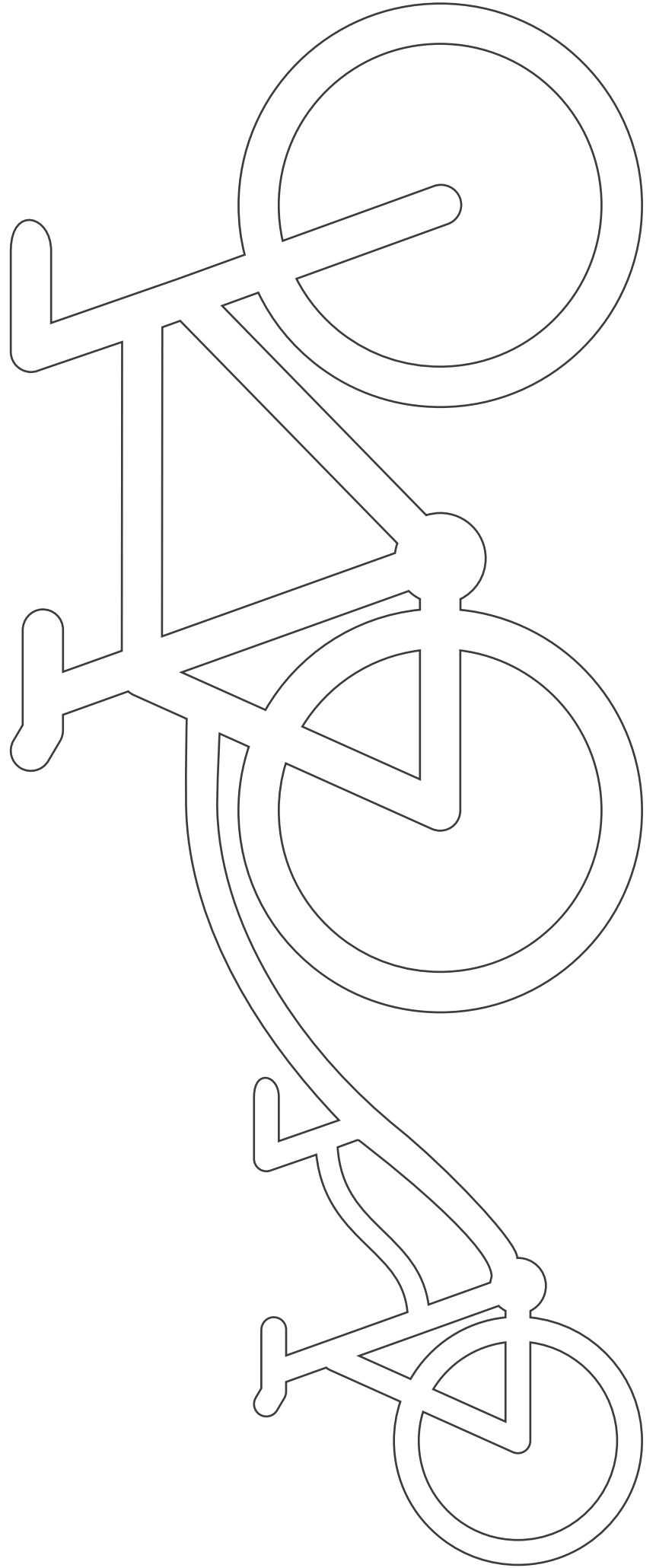


Drop-frame bicycle





Recumbent



Tag-a-long