

Big Pedal 2021

Movement chain



Play this game with a family member, guardian or someone in your bubble to see who can remember the most moves, and who breaks the chain first.

Instructions

1. The first person starts by performing a movement. This can be anything from a dance move to a jumping jack.
2. The next player repeats that move and adds another one on. Your chain has begun!
3. The following person does the previous two movements plus adds on another one.
4. Continue until the chain sequence is broken by someone forgetting the correct movements in order.
5. The last person standing is the winner.

How long can you get your chain before someone forgets?



What you'll need:

- 2+ players
- Room to move
- Music (optional)

